Study Guide for Essentials for Nursing Practice, 8th Edition

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Unit One: Concepts in Nursing
1. Health and Wellness
2. The Health Care Delivery System
3. Community-Based Nursing Practice
4. Legal Principles in Nursing
5. Ethics
6. Evidence-Based Practice

Unit Two: Processes in Nursing Care
7. Critical Thinking
8. Nursing Process
9. Informatics and Documentation
10. Communication
11. Patient Education
12. Managing Patient Care

Unit Three: Essentials for Nursing Practice
13. Infection Prevention and Control
14. Vital Signs
15. Health Assessment and Physical Examination
16. Administering Medications
17. Fluid, Electrolyte, and Acid-Base Balances

Unit Four: Promoting Psychosocial Health
18. Caring in Nursing Practice
19. Cultural Diversity
20. Spiritual Health
21. Growth and Development
22. Self-Concept and Sexuality
23. Family Context in Nursing
24. Stress and Coping
25. Loss and Grief

**Unit Five: Promoting Physical Health**

26. Exercise and Activity

27. Safety

28. Hygiene

29. Oxygenation

30. Sleep

31. Pain Management

32. Nutrition

33. Urinary Elimination

34. Bowel Elimination

35. Immobility

36. Skin and Wound Care

37. Sensory Alterations

38. Surgical Patient