In-Service Education
Workbook - Book 3
Credits

MANAGING EDITOR
Susan Alvare

COVER DESIGN
Kirsten Browne

COMPOSITION
Thaddeus Castillo

ILLUSTRATION
Thaddeus Castillo

PROOFREADER
Suzanne Wegner

Notice to the Reader

Though the guidelines and procedures contained in this text are based on consultations with healthcare professionals, they should not be considered absolute recommendations. The instructor and readers should follow employer, local, state, and federal guidelines concerning healthcare practices. These guidelines change, and it is the reader’s responsibility to be aware of these changes and of the policies and procedures of her or his healthcare facility.

The publisher, author, editors, and reviewers cannot accept any responsibility for errors or omissions or for any consequences from application of the information in this book and make no warranty, expressed or implied, with respect to the contents of the book. The Publisher does not warrant or guarantee any of the products described herein or perform any analysis in connection with any of the product information contained herein.

Copyright information

© 2004 Hartman Publishing, Inc. All rights reserved. No part of this book may be reproduced, in any form or by any means, without permission in writing from the publisher.

ISBN 1-888343-72-9

Special Thanks

The publisher wishes to extend a special thanks to our reviewer, Betty Wolfe, RN, for all of her hard work and insight.
Table of Contents

Caring for the Person with Alzheimer’s Disease (3 credits) .................. 5
Promoting Dignity for People in Your Care (2 credits) ......................... 17
Caring for the Person with Diabetes (2 credits) ............................... 25
Understanding Restraints and Restraint Alternatives (1 credit) ........... 33
Preventing Abuse and Neglect (3 credits) .................................... 39
Assisting with Death and Dying (3 credits) ................................... 49
Managing Stress (3 credits) .................................................. 59